

Primary Health Care & Universal Health Coverage	Emergency Medicine and Trauma Care – We Need Effective Systems
Pakistan National Health Vision	Trauma Awareness and Prevention
The progress in achieving Sustainable Development Goals in Healthcare	Emergency Medicine
The UN Madrid International Plan of Action on Ageing	Pre Trauma Care
Maternal and child health challenges in Pakistan	Integrated Trauma Care
Extended program of immunization	Trauma Emergency Nursing
Disabilities – Compassionate Scientific Approach is Needed	Health – The Right of Every Child
Disabled Vision – Incidence and Treatment in Rural Pakistan	Healthy Birth & Spacing – Parents’ Education
Programs for the Support of Persons with Visual Disability	Early Detection of Birth Defects
Deafness – Hearing Aids and Surgical Treatment Options	Malnutrition – Requirements of a Balanced Diet
Intellectual Disabilities in Children – Medical Perspective	Mental Health – Healthy Mind in a Healthy Body
Geriatric Population – Medical Issues and Management	Dental Care – The Often-Neglected Area
Wellness – Holistic Approach to Maintain Health	Non-Communicable Diseases – The Growing Burden
Physical Activity and Fitness	Maintaining Your Blood Pressure – Dos and Don’ts
Cardiometabolic Fitness After 40	Diabetes – Your Diet is Important
The Importance of Low Carb and High Protein Diet	Living With Diabetes
Work Life Balance	Healthy Body Weight
The Importance of Social Connections	Hyperlipidaemia – How to Avoid
Digital Health – Need for Following International Trends	Infectious Diseases - Their Rise & Management
Telemedicine	Infectious Liver Diseases – Diagnostic Tests
AI in Healthcare	Gastrointestinal Infections – Management
Electronic Medical/Health Record	ENT Infections in the Children
Tele ICU	Lower Respiratory Tract Infections in the Elderly
Wearable Devices and Digital Health Apps	Management of Urinary Tract Infections in the Females
Medical, Pharmacology & Business Realm	Reduction in Healthcare Imports & Increase in Exports
Public Health – An Important Area for Post Graduation Studies	Active Pharmaceutical Ingredients – Need for Local Production
Medical Scientist – An Important Career to Pursue	Pharmaceutical Production Machinery – Local Industry Patronage
Pharmacologist – The Need of Every Hospital	Biologicals and Biosimilars – Technology Transfer Can Help
Biomedical Engineering – Increasing Scope in Modern Health Sciences	Bio Medical Equipment – Local Production Must be Encouraged
Healthcare Marketing – The Need of Every Medical and Pharmacy Graduate	Surgical Instruments – Potential for Upscaling Exports